NT A

Concussion Action Plan



radual return to learning and play

TILS 23715

	Stage:	Aim of Stage:
Rest:	STAGE 1: (minimum 24 - 48hrs) • No activity, complete rest	
Recover: minimum two week period (1g100.6 g1000.6 groth[3/992 commence100.8 until after complete100.8 revf[3/992 concuso100.8 n sptoms		